

AUTUMN NEWSLETTER

Manor Park and Hempstead Fields Residents' Association



"I am delighted that our Residents' Association continues to grow with a developing community spirit. This was illustrated well by the response of our residents to the plight of the family whose house was hit by a lightning strike. Social media is very effective at times like these and the immediate donation of bedding, clothes and toys was overwhelming. We wish the Heeley family well in the future and we are happy to offer any further help and support.

Our Surgery Car Service continues to expand and following consultation with our members and residents, we are becoming an important voice on possible changes to our local environment such as the review of the bus services, car parking restrictions and improvements to the Town Centre.

As always, if I can help in any way, then please let me know."

Paul Sparks, Chairman

September 2014

News in Brief

- ✚ **Twittens & Footpaths** - toolkit launched at our AGM, this is an easy to read guide to help residents tackle twittens falling into disrepair.
- ✚ **Local Traders list published** – all the firms listed have been recommended by members.
- ✚ **Speed limit** – notices now up in Browns Lane.
- ✚ **Members' Discount Scheme** – 21 businesses now signed up, contact us for details.
- ✚ **Community Dividend** – £300 grant awarded by Wealden Council. See page 3 for details.
- ✚ **Buxted Surgery** – is now part of our Surgery Car Service – see this page for details.
- ✚ **Big Lunch** – over 150 picnickers joined us!
- ✚ **Local dad gets award** - Darren, known as 'OneDadThreeGirls', wins two BritMums awards for his blog onedad3girls.com/

Now the Buxted Surgery!

Buxted Surgery has now joined Bird-in-Eye and Meads on the list of surgeries that we serve.

And so if you, or someone you know, need help getting across town to visit the Doctor, and you live on **Manor Park, Hempstead Fields**, or in **Streatfeild House** or **Shaftesbury Court** then you qualify for this new service – remember you do not have to be an Association member.

There is a fixed charge of just **£3.50** for each return journey – and our driver waits at the surgery for you. We operate Monday to Friday 9.30am to 4.30pm. Advance bookings only please. Just call **01825 578006**. Text phone users: please prefix this number with 18001.

You can call us to make a booking, or for more information, on Mondays, Wednesdays and Fridays, between 9 and 10.30am or 4 to 5.30pm.

This service is operated by volunteers and is open to all residents.

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Monday - Thursday: 9am - 6pm | Friday: 9am - 5pm | Saturday: 9am - 12pm
FREE LEGAL ADVICE first Saturday every month, phone for appointment.

What's going on?

Need a copy of the new Twittens Toolkit or maybe a list of businesses offering members a discount, or want to see the minutes of our committee meetings? Then just go to the News page on our website manorparkhempfieldsresidents.co.uk or contact the Secretary to request a paper copy.



FREE Electric Blanket Testing

Monday 13 October

2pm to 4pm at Uckfield Fire station

35% of the blankets failed these safety checks last year the owners were given a money-off voucher to buy a replacement.

For further information please ring Alison Brook on **01892 602757**



Community and Regeneration Team

Having a chat is never a bad thing

My name is Wendy, and I am one of the Association's committee members. I have a confession to make. Committee members are nothing special. We are just a gathering of volunteers who are trying to figure out what the community want and what individuals are willing to do to make it happen.

We have seen a tremendous response to calls for volunteers for the car scheme and the response to the family whose house was struck by lightning was extremely touching. To me that shows we are part of a great and very willing community.

But, my heart sinks a bit when I hear "You could do" let's turn that into "We could do."

For example, people have been saying "You should publicise events better." Maybe we could all do something about that. We can't afford mailshots so we depend on local and social media, emails, the newsletter and notices on the board inside Tesco Express.

If information about events isn't getting to you then let us know how you receive local news. On the other hand, if you receive some information that you think might interest a friend or neighbour, it would help if you could share it with them. Even if they already know, after all having a chat is never a bad thing.

We Will Remember Them.....

Contributed by Uckfield Baptist Church

Memories can be powerful, evoking emotions.

As we remember the 100th Anniversary of the start of World War 1, do you have someone you want to remember? A loved one you want to honour for a life lost in military service? One who should not be forgotten? No matter when or where they served?

A Service of Remembrance is to be held on Sunday November 9th, 10.30 am at Manor Primary School Hall for those with memories. This will be an informal but sensitive act of remembrance for all ages. Whether you have a faith or not, whether you support military action or not, all are welcome at this special service.

www.uchurch.co.uk; office@uchurch.co.uk;

Keep in Touch

Don't forget you can keep up-to-date with what's going on through the [noticeboard](#) in Tesco Express or through our Facebook page facebook.com/ManorParkResAssoc or via Twitter - twitter.com/ManorHempResAss

Maria at Complete Financial Planning is offering **free advice consultations for Life Assurance and Critical Illness Cover.**



Maria says 'It is so vitally important that your needs are reviewed to ensure that you have the correct amount of cover in place to protect you and your family should the worst happen.

If you have moved, changed jobs, gotten married or had a baby recently then your cover should be reviewed. Or even if you haven't looked at your policy for a couple of years, a better policy could potentially be found for you'.



Evening and weekend consultations are available at your convenience, at a location of your choice, whether that is at your home, work or our office.

Call Maria Griggs **07841905584** or email her at maria@cfp-uk.com



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adamscot119@yahoo.co.uk

Why Not Join Us?

We would like as many residents as possible to join the Association. The more members we have then the stronger our Association's voice will be.

All we ask for is a **£5 per calendar year** subscription from each household. We think this provides good value for money especially now that members can get great discounts from many local businesses.

An application is on the back page.

If you are a member already then how about encouraging your neighbours to join?

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Thank You Councillor Eastwood

The Residents' Association was delighted to have been awarded a £300 grant from Wealden's Community Dividend fund. Thank you for nominating us Cllr Louise Eastwood.

Contact Us

Email: (Secretary) peter.griggs48@gmail.com
Telephone: (Chair) Paul Sparks 01825 764287
Post: MP&HF, 2 Woodlands Close TN221TS
Facebook: [ManorParkResAssoc](https://www.facebook.com/ManorParkResAssoc)
Twitter: @ManorHempResAss

Emma Luck



**The two Emma's!
Emma Luck and Emma Hyland**

both Residents' Association members, raised over **£800** for the *British Heart Foundation* this summer with Emma Luck and her partner Neil helping to raise the money by completing the 'Prudential Ride 100' – a 100 mile cycle route in and around London

Emma Hyland



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Back to Work! – this article contributed by Sue Edwards



If you're a new Mum or Dad wanting to return to work, it is a good idea to do your homework before you go on the job hunt. You may not have applied for a job for some time, so let me give you some pointers.

Be prepared!

Decide what sort of job you want to do. If you're not sure, search for some skills match tests online. Ask yourself what you're good at and enjoy doing.

- **Don't use an old CV** that hasn't been updated for years, or knock up something that 'will do' for the time being. Your CV needs to impress right from the start to give yours a fighting chance!
- **Free online resources** are great, but you need to use the right wording and format, which may not be as easy as you think. Asking for professional help will save you a lot of time, hassle, and will greatly improve your chances of getting interviews.
- Once you've got a great CV get pro-active, especially online. Bear in mind that 90% of jobs are never advertised, so get on to social media and advertise yourself.
- Upload your new CV to job boards and set up text alerts so that new jobs come to you as soon as available.
- Get a presence online.
- Don't just apply for any job you find because you know you can do it.
- Tailor your initial CV to each job, leaving out all irrelevant information.

When you're ready to apply for jobs look at the requirements ie: skills and experience, and ensure that you are a good match. If you don't already have a good [Linkedin profile](#) get one, or ask your local CV Writer to create one for you and show you how to use it. It's THE main source of candidate search for most recruitment agencies and recruiting companies. Some only use Linkedin, so if you don't have a good profile you're missing out!

Once you've got a good CV it makes the job hunting process a lot easier. All that remains for me to say is good luck! If you would like free impartial advice on your CV, or you need help to write one, please contact Sue at www.premiumcvvs.co.uk or [email sue@premiumcvvs.co.uk](mailto:sue@premiumcvvs.co.uk)

Apply here to join the MP & HF Residents' Association

Subscriptions fall due on 1st January each year. The subscription is **£5.00** per household per calendar year.

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Please send to: Peter Griggs, Secretary MPHFA, 2 Woodlands Close, TN22 1TS (peter.griggs48@gmail.com)